

# 2018 Wellness Rewards

## for MVP Medicare Advantage Plan Members

Preventive care is an important part of your health plan, and MVP Health Care<sup>®</sup> is committed to helping you improve your health and stay well.

With **Wellness Rewards**, you can earn a \$75 gift card when you work with your doctor to take steps toward better health!

**1** **Schedule** a **Welcome to Medicare** visit or **Annual Wellness** visit to review your overall health, the medications you take, and any preventive screenings you may need.

This is your chance to talk to your doctor about:

- Physical activity that's right for you
- Your risk of falling
- Home safety
- Nutrition
- Hearing loss
- Bladder control issues
- Quitting tobacco

**2** **Bring** the screening form on the back of this page to your visit.

**3** **Receive all** of these preventive services:

- Welcome to Medicare visit or Annual Wellness visit
- Blood pressure check
- Height, weight, and BMI measurement
- Colorectal cancer screening (received within the Medicare screening recommendation—ask your doctor)
- Flu shot (for the current flu season—ask your doctor)

**4** **Send** us the completed screening form, signed by your doctor.

**5** **Get** your \$75 gift card\* in the mail from MVP.

For more information about your plan benefits, refer to your Evidence of Coverage (EOC) or visit [mvphealthcare.com](http://mvphealthcare.com).

 **Questions?**

Call the MVP Medicare Customer Care Center

**1-800-665-7924**

(TTY: 1-800-662-1220)

Monday–Friday

8 am–8 pm Eastern Time

October 1–February 14,  
call seven days a week,

8 am–8 pm

\*One \$75 reward per member, per calendar year.

MVP Health Plan, Inc. is an HMO-POS/PPO/MSA organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, co-payments, and restrictions may apply. Benefits, premiums and/or co-payments/co-insurance may change on January 1 of each year.

# MVP Medicare Advantage Plans

## Wellness Rewards Screening



**Please print.** Incomplete or unreadable forms cannot be processed. Write your first and last name exactly as they appear on your MVP Member ID card.

**Bring this form with you to your Welcome to Medicare or Annual Wellness visit.** Ask your doctor to confirm that you have received the services listed. Send this completed form with your doctor's signature to the address below. Keep a copy of the form for your records.

**MVP Internal Routing**  
Forward to  
Flex Dept.,  
Rochester

### Section 1: Member Information and Attestation *(to be completed by member)*

Member Name <i>(first, last)</i>		MVP Member ID No.			
Street Address		Date of Birth			
City	State	Zip Code	Phone No.		

I certify that the information I provided is complete and accurate. I attest that I have received the services as noted below by my health care provider.

Member Signature

Date

**Do not submit this form without your doctor's signature.** Completed forms must be received on or before December 31, 2018. Please allow 4–6 weeks for processing.

**Mail completed forms to:** ATTN: MEDICARE ADVANTAGE WELLNESS REWARDS, MVP HEALTH CARE, 220 ALEXANDER ST, ROCHESTER NY 14607-4022

### Section 2: Services Information and Provider Attestation *(to be completed by provider)*

Please confirm that the MVP member named above has received **all** of the following services:

- |   |  |
|---|--|
| <input type="checkbox"/> Welcome to Medicare visit or Annual Wellness visit | <input type="checkbox"/> Colorectal cancer screening (received within the recommended Medicare screening guideline time frame) |
| <input type="checkbox"/> Blood pressure check                               | <input type="checkbox"/> Flu shot (for the current flu season; or not recommended/contraindicated)                             |
| <input type="checkbox"/> Height, weight, and BMI measurement                |  |

I certify that the information I provided is complete and accurate. I attest that the patient named above has received all of the services indicated.

Health Care Provider Signature *(or office stamp)*

Date

Name *(print)*

Phone No.

**Please return this form to your patient.**